



Random Act of Wildness

01

#30DaysWild

Create a work of art

Using leaves, stones,
feathers and twigs





Random Act of Wildness

02

#30DaysWild



Decorate with a wild mobile

Use twigs, string and
leaves or paper birds



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03

#30DaysWild



Design a wild home

From bug hotels to a
hedgehog hideout





Random Act of Wildness

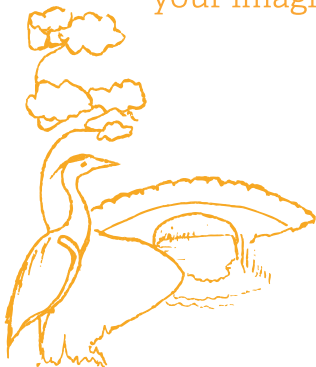


#30DaysWild



Draw a wild landscape

Can you use
your imagination?





Random Act of Wildness

05

#30DaysWild

A minimalist line drawing of a child in a hat jumping in a pond, with a tree and birds in the background.

Feel the wild under your feet

Squelch your toes in
grass, sand or mud



Random Act of Wildness

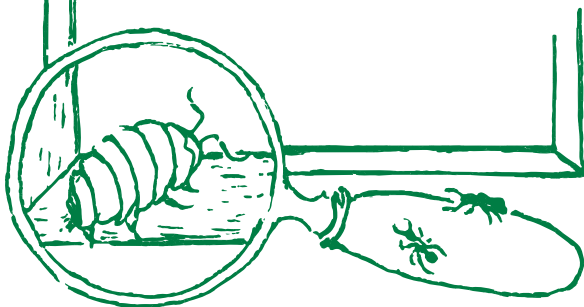
06

#30DaysWild



Find a creepy crawly

Be gentle. Get close and
watch the way it moves





Random Act of Wildness



#30DaysWild



Google wild facts

Discover secrets about your favourite animal





Random Act of Wildness



#30DaysWild



Identify a wildflower

Take notes on it, then
search in a book or online





Random Act of Wildness

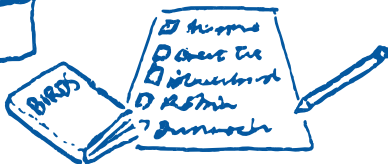


#30DaysWild

A blue line drawing on a white background. At the top, a horizontal rod with rings holds two curtains that are pulled back. In the center, the text 'Keep a note of wildlife' is written in a bold, sans-serif font. Below it, in a smaller font, is the instruction 'List the species that you see from your window'. At the bottom, a cat is curled up on a windowsill. To the left of the cat is a cup of coffee with steam rising from it. To the right of the cat is an open notebook. The left page of the notebook is labeled 'BIRDS' and the right page has a list of bird species: 'Herring Gull', 'Pied-billed Grebe', 'Black-throated Diver', 'Ruddy Turnstone', and 'Jaegers'. A pencil lies next to the notebook.

Keep a note of wildlife

List the species that you see from your window





Random Act of Wildness

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#30DaysWild

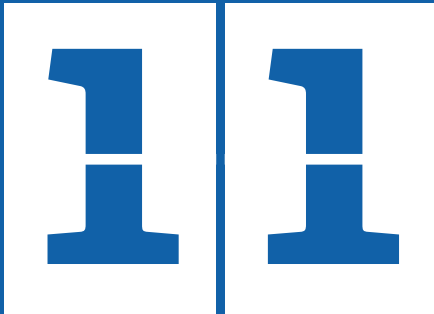
A line drawing of a person with curly hair wearing a blindfold, positioned at the bottom left. A winding line representing a tree branch curves around the person and the text, with five birds perched at various points along it. The birds are simple line drawings of different species. The entire scene is set against a light blue background with a dark blue border.

Listen for wild sounds

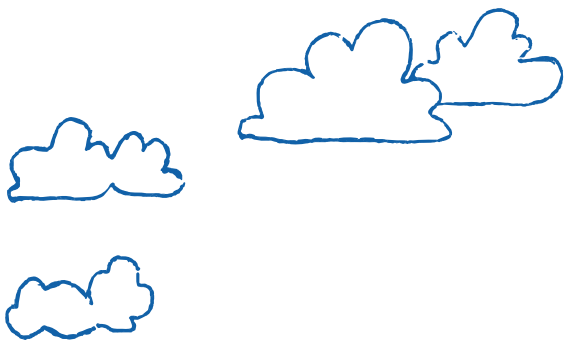
Use a blindfold to focus
- what can you hear?



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Look up at the clouds

What shapes can you see?





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Lunch in the wild

Share with friends on a
blanket, bench or under a tree

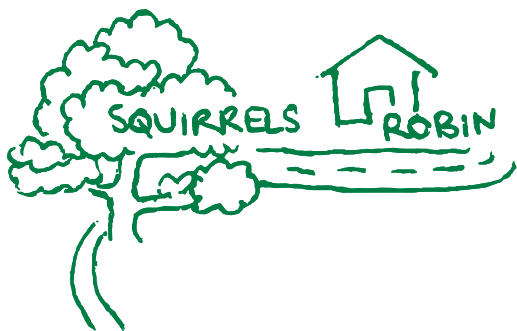




Random Act of Wildness

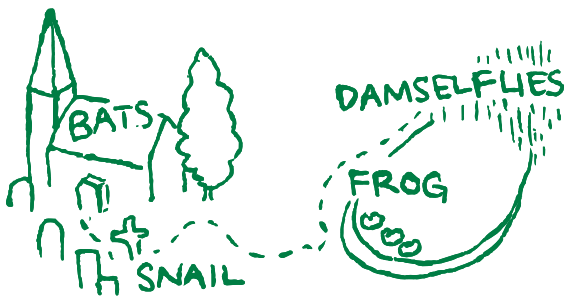
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Map your local wildlife

Draw a map & mark where you see wildlife





Random Act of Wildness



#30DaysWild



Meditate in the wild

Strike yoga poses - feel the
stresses melt away





Random Act of Wildness

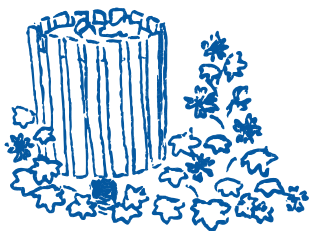
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#30DaysWild



Pick up litter

Sweep the area for rubbish
and pop it in the bin





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Picnic with the birds

Prepare a bird feast with fruit, nuts and seeds





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#30DaysWild



Quiz your friends

Write a wildlife quiz to challenge friends

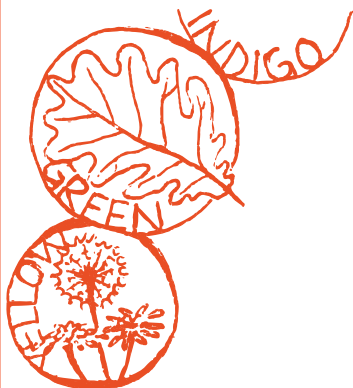




Random Act of Wildness



#30DaysWild



Race for a rainbow

Race friends to find
colours in nature





Random Act of Wildness

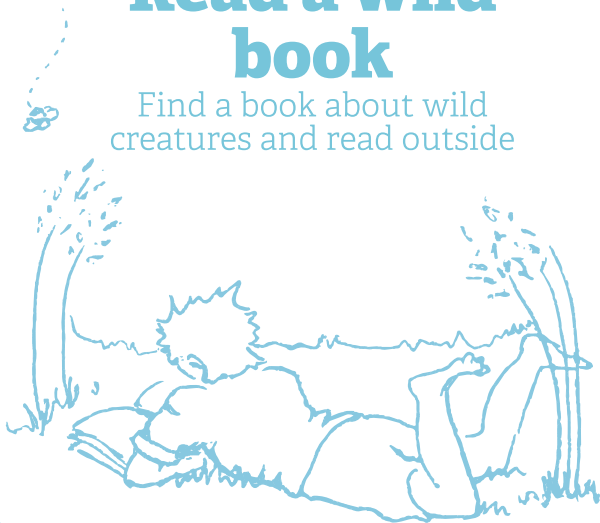


#30DaysWild



Read a wild book

Find a book about wild
creatures and read outside





Random Act of Wildness

20

#30DaysWild

2018

2019

2020

2021

Spread wildflowers

Scatter native seeds to
bring a grassy patch to life





Random Act of Wildness

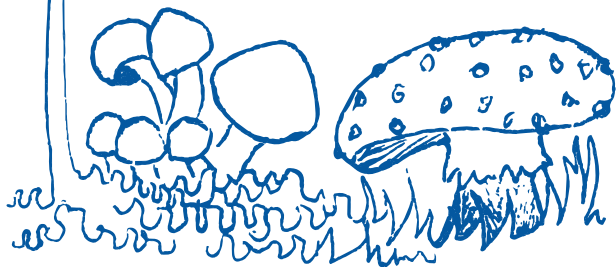
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#30DaysWild



Search for mini wildness

Lichens, forests of moss
and flowers in pavements





Random Act of Wildness

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#30DaysWild



Showcase on a nature table

Display wild treasures like
feathers, fossils and bones





Random Act of Wildness

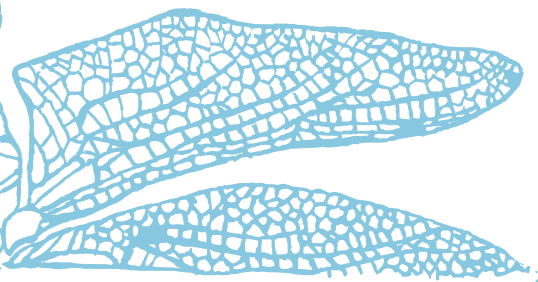
23

#30DaysWild



Sketch up close

Use a pencil to capture the detail, shapes and texture





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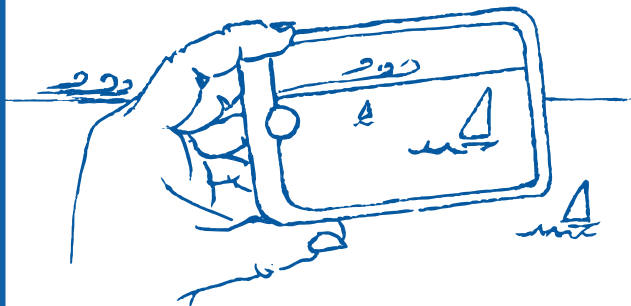
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#30DaysWild



Snap a blue photo

Butterflies, damselflies or even a clear blue sky





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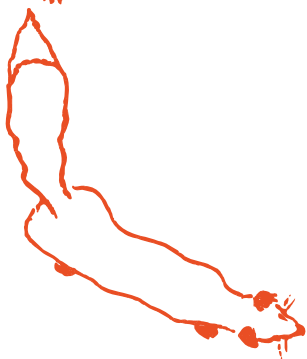
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#30DaysWild



Spot a wild mammal

From urban foxes or deer to country hares





Random Act of Wildness

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#30DaysWild

Switch off to tune in

Can you turn off all
electronic gadgets today?





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#30DaysWild



Thread a daisy chain

Pick daisies and thread
their stems together



Random Act of Wildness

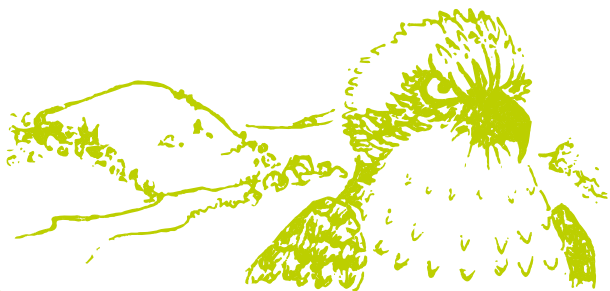
28

#30DaysWild



Watch a wild webcam

Peek at ospreys, peregrines
and other wildlife





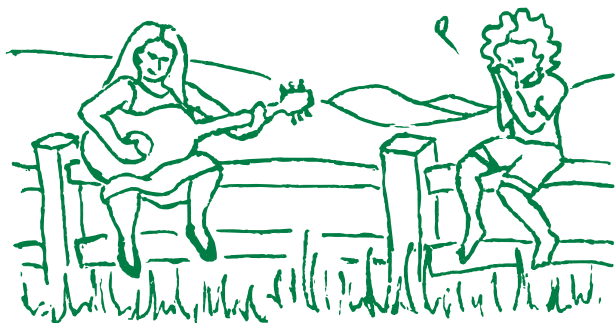
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#30DaysWild

Whistle with grass

Use a thick blade of grass
between your thumbs





Random Act of Wildness

30

#30DaysWild



Write a wild poem

Use a haiku or sonnet to
recreate a wild experience

