

# 30 DAYS WILD

Take your  
break in  
**nature**

Do some wild  
**team  
building**



Every Wildlife Trust is made up of volunteers, members and supporters like you, so you can be sure that wildlife and wild places are protected for future generations. We believe that people are part of nature; everything we value comes from it, and everything we do impacts upon it. Find out more about supporting your Wildlife Trust at [wildlifetrusts.org](http://wildlifetrusts.org)

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Get **inspired** to go **wild!**  
Use our **Random Acts of Wildness** or make up your own...



Identify a  
**wild  
flower**

Snap  
a wild  
**Photo**



Ditch  
your  
**disposables**



Have lunch  
in the  
**wild**

Drift off  
to **wild  
sounds**

Feed  
the **birds**



Explore  
the  
**wild  
nearby**



#30DaysWild

